



PE Schedule 2020-21

Autumn 1

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
04.09.20	Dance Fundamental Skills Run Skilfully Negotiate space successfully	Dance Fundamental Skills Run Skilfully Negotiate space successfully	Dance Fundamental Skills Run Skilfully Negotiate space successfully	Basketball Dribbling Football Dribbling	Basketball Dribbling Football Dribbling	Basketball Dribbling Football Dribbling	Basketball Dribbling Football Dribbling
11.09.20	Dance Fundamental Skills Can you pick up, carry and put down with care. Show increasing control over an object	Dance Fundamental Skills Can you pick up, carry and put down with care. Show increasing control over an object	Dance Fundamental Skills Can you pick up, carry and put down with care. Show increasing control over an object	Basketball Dribbling into Space Football Dribbling into Space	Basketball Dribbling into Space Football Dribbling into Space	Basketball Dribbling into Space Football Dribbling into Space	Basketball Dribbling into Space Football Dribbling into Space
18.09.20	Dance Fundamental Skills Jump in a variety of ways Combine Run & Jump	Dance Fundamental Skills Jump in a variety of ways Combine Run & Jump	Dance Fundamental Skills Jump in a variety of ways Combine Run & Jump	Basketball Passing Football Passing	Basketball Passing Football Passing	Basketball Passing Football Passing	Basketball Passing Football Passing
25.09.20	Dance Fundamental Skills Use Dodging skills	Dance Fundamental Skills Use Dodging skills	Dance Fundamental Skills Use Dodging skills	Basketball Shooting Football Shooting	Basketball Shooting Football Shooting	Basketball Shooting Football Shooting	Basketball Shooting Football Shooting
02.10.20	Dance Fundamental Skills Evade Others	Dance Fundamental Skills Evade Others	Dance Fundamental Skills Evade Others	Basketball Attacking & Defending Football Attacking & Defending	Basketball Attacking & Defending Football Attacking & Defending	Basketball Attacking & Defending Football Attacking & Defending	Basketball Attacking & Defending Football Attacking & Defending
09.10.20	Dance Fundamental Skills Attacking & Defending	Dance Fundamental Skills Attacking & Defending	Dance Fundamental Skills Attacking & Defending	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play
16.10.20	Dance Fundamental Skills Strike a ball with accuracy	Dance Fundamental Skills Strike a ball with accuracy	Dance Fundamental Skills Strike a ball with accuracy	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play	Basketball Game Play Football Game Play



Autumn 2

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
06.11.20	Dance Invasion Games Chest pass & Bounce pass	Dance Invasion Games Chest pass & Bounce pass	Dance Invasion Games Chest pass & Bounce pass	Invasion Games Use Dodging Skills Hockey Dribbling	Invasion Games Use Dodging Skills Hockey Dribbling	Invasion Games Use Dodging Skills Hockey Dribbling	Invasion Games Use Dodging Skills Hockey Dribbling
13.11.20	Dance Invasion Games Change direction safely	Dance Invasion Games Change direction safely	Dance Invasion Games Change direction safely	Invasion Games Pass and move into space Hockey Dribbling into space	Invasion Games Pass and move into space Hockey Dribbling into space	Invasion Games Pass and move into space Hockey Dribbling into space	Invasion Games Pass and move into space Hockey Dribbling into space
20.11.20	Dance Invasion Games Dribbling Skills	Dance Invasion Games Dribbling Skills	Dance Invasion Games Dribbling Skills	Invasion Games Turn in different ways with a ball Hockey Passing	Invasion Games Turn in different ways with a ball Hockey Passing	Invasion Games Turn in different ways with a ball Hockey Passing	Invasion Games Turn in different ways with a ball Hockey Passing
27.11.20	Dance Invasion Games Dribbling & Bounce pass	Dance Invasion Games Dribbling & Bounce pass	Dance Invasion Games Dribbling & Bounce pass	Invasion Games Dribble with control Hockey Shooting	Invasion Games Dribble with control Hockey Shooting	Invasion Games Dribble with control Hockey Shooting	Invasion Games Dribble with control Hockey Shooting
04.12.20	Dance Invasion Games Push pass Hockey	Dance Invasion Games Push pass Hockey	Dance Invasion Games Push pass Hockey	Invasion Games Defending Skills Hockey Attacking & Defending	Invasion Games Defending Skills Hockey Attacking & Defending	Invasion Games Defending Skills Hockey Attacking & Defending	Invasion Games Defending Skills Hockey Attacking & Defending
11.12.20	Dance Invasion Games Dribble with feet accurately	Dance Invasion Games Dribble with feet accurately	Dance Invasion Games Dribble with feet accurately	Invasion Games Communicate with players during a game Hockey Game Play	Invasion Games Communicate with players during a game Hockey Game Play	Invasion Games Communicate with players during a game Hockey Game Play	Invasion Games Communicate with players during a game Hockey Game Play
17.12.20	Dance Invasion Games Play team games	Dance Invasion Games Play team games	Dance Invasion Games Play team games	Invasion Games Game Play Hockey Game Play	Invasion Games Game Play Hockey Game Play	Invasion Games Game Play Hockey Game Play	Invasion Games Game Play Hockey Game Play



Spring 1

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
08.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Throwing & catching Badminton Forehand shots	Handball Throwing & catching Badminton Forehand shots	Handball Throwing & catching Badminton Forehand shots	Handball Throwing & catching Badminton Forehand shots
15.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Pass & Receive Badminton Serve with accuracy	Handball Pass & Receive Badminton Serve with accuracy	Handball Pass & Receive Badminton Serve with accuracy	Handball Pass & Receive Badminton Serve with accuracy
22.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Throw/Shoot Badminton Serve long and short	Handball Throw/Shoot Badminton Serve long and short	Handball Throw/Shoot Badminton Serve long and short	Handball Throw/Shoot Badminton Serve long and short
29.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Defending Skills Badminton Drop Shots	Handball Defending Skills Badminton Drop Shots	Handball Defending Skills Badminton Drop Shots	Handball Defending Skills Badminton Drop Shots
05.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules
12.01.21	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Dance Gymnastics Use Apparatus safely	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules	Handball Game Play Badminton Game Play using basic rules



Spring 2

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
26.02.21	Dance Athletics Agility, Balance & Control	Dance Athletics Agility, Balance & Control	Dance Athletics Agility, Balance & Control	Athletics Running Styles	Athletics Running Styles	Athletics Running Styles	Athletics Running Styles
05.03.21	Dance Athletics Agility, Balance & Control	Dance Athletics Agility, Balance & Control	Dance Athletics Agility, Balance & Control	Athletics Hurdles	Athletics Hurdles	Athletics Hurdles	Athletics Hurdles
12.03.21	Dance Athletics Jump in a variety of ways	Dance Athletics Jump in a variety of ways	Dance Athletics Jump in a variety of ways	Athletics Jump in a variety of ways	Athletics Jump in a variety of ways	Athletics Jump in a variety of ways	Athletics Jump in a variety of ways
19.03.21	Dance Athletics Triple jump technique	Dance Athletics Triple jump technique	Dance Athletics Triple jump technique	Athletics Triple jump technique	Athletics Triple jump technique	Athletics Triple jump technique	Athletics Triple jump technique
26.03.21	Dance Athletics Run & Jump	Dance Athletics Run & Jump	Dance Athletics Run & Jump	Athletics Long Jump & Relay	Athletics Long Jump & Relay	Athletics Long Jump & Relay	Athletics Long Jump & Relay
02.04.21	Dance Athletics Throwing Skills	Dance Athletics Throwing Skills	Dance Athletics Throwing Skills	Athletics Throwing Skills	Athletics Throwing Skills	Athletics Throwing Skills	Athletics Throwing Skills



Summer 1

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
23.04.21	Dance Net & Wall Skills Basic Ball Skills	Dance Net & Wall Skills Basic Ball Skills	Dance Net & Wall Skills Basic Ball Skills	Tennis Hand tennis Tag Rugby Tagging Skills	Tennis Hand tennis Tag Rugby Tagging Skills	Tennis Hand tennis Tag Rugby Tagging Skills	Tennis Hand tennis Tag Rugby Tagging Skills
30.04.21	Dance Net & Wall Skills Strike a ball with one hand	Dance Net & Wall Skills Strike a ball with one hand	Dance Net & Wall Skills Strike a ball with one hand	Tennis Forehand shots Tag Rugby Passing	Tennis Forehand shots Tag Rugby Passing	Tennis Forehand shots Tag Rugby Passing	Tennis Forehand shots Tag Rugby Passing
07.05.21	Dance Net & Wall Skills Strike a 'volley'	Dance Net & Wall Skills Strike a 'volley'	Dance Net & Wall Skills Strike a 'volley'	Tennis Backhand shots Tag Rugby Passing backwards	Tennis Backhand shots Tag Rugby Passing backwards	Tennis Backhand shots Tag Rugby Passing backwards	Tennis Backhand shots Tag Rugby Passing backwards
13.05.21	Dance Net & Wall Skills Striking & Receiving a ball	Dance Net & Wall Skills Striking & Receiving a ball	Dance Net & Wall Skills Striking & Receiving a ball	Tennis Forehand and backhand shots Tag Rugby Create an overlap	Tennis Forehand and backhand shots Tag Rugby Create an overlap	Tennis Forehand and backhand shots Tag Rugby Create an overlap	Tennis Forehand and backhand shots Tag Rugby Create an overlap
20.05.21	Dance Net & Wall Skills Rallies	Dance Net & Wall Skills Rallies	Dance Net & Wall Skills Rallies	Tennis Serving Tag Rugby Attacking & defending	Tennis Serving Tag Rugby Attacking & defending	Tennis Serving Tag Rugby Attacking & defending	Tennis Serving Tag Rugby Attacking & defending
28.05.21	Dance Net & Wall Skills Throw with accuracy & power	Dance Net & Wall Skills Throw with accuracy & power	Dance Net & Wall Skills Throw with accuracy & power	Tennis Game Play & Rallies Tag Rugby Game play	Tennis Game Play & Rallies Tag Rugby Game play	Tennis Game Play & Rallies Tag Rugby Game play	Tennis Game Play & Rallies Tag Rugby Game play



Summer 2

Dates	Activities						
	Reception	Year 1	Year2	Year3	Year4	Year 5	Year 6
11.06.21	Dance Striking & Fielding Catching a ball	Dance Striking & Fielding Catching a ball	Dance Striking & Fielding Catching a ball	Striking & Fielding Throwing & Catching	Striking & Fielding Throwing & Catching	Striking & Fielding Throwing & Catching	Striking & Fielding Throwing & Catching
18.06.21	Dance Striking & Fielding Bowling	Dance Striking & Fielding Bowling	Dance Striking & Fielding Bowling	Striking & Fielding Bowling	Striking & Fielding Bowling	Striking & Fielding Bowling	Striking & Fielding Bowling
25.06.21	Dance Striking & Fielding Fielding Skills	Dance Striking & Fielding Fielding Skills	Dance Striking & Fielding Fielding Skills	Striking & Fielding Fielding Skills	Striking & Fielding Fielding Skills	Striking & Fielding Fielding Skills	Striking & Fielding Fielding Skills
02.07.21	Dance Striking & Fielding Batting	Dance Striking & Fielding Batting	Dance Striking & Fielding Batting	Striking & Fielding Batting	Striking & Fielding Batting	Striking & Fielding Batting	Striking & Fielding Batting
09.07.21	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play
15.07.21	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play
22.07.21	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Dance Striking & Fielding Game Play introduction	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play	Striking & Fielding Game Play